



ATHLETIC DEPARTMENT

September 9, 2014

2014 TASIS Cross Country Invitational

Dear ADs and Coaches.

I would like to invite you and your school to participate in the TASIS Cross Country Invitational on Saturday, September 27th.

- Date:** Saturday; September 27, 2013
Venue: Lugano Rugby/American Football Field
Via Vendeggio, Agno; 6933 Muzzano (on Google Map)
Contact Person: Mr. Sonny Lim; 079 702 5274
Time: 10:00 to 12:00 (approx.)
Age Group: Cat A/B (U18/16) and C/D (U14/U12)
Format: Cat A/B = 5k and Cat C/D = 2.5k
Team Size: Unlimited at the moment (less than 50 per school max total)
Awards: 1st, 2nd & 3rd Place personal medals per Category
Food/Cost: (Optional) Sack Lunches 12sf per person (sandwiches, chips, drink, fruit & a cookie), please let me know #s of lunches before Sept. 20th. Nurse/First Aid station, fruits and water are provided (bring your own water bottles).
Hotels: In Lugano, recommendations available upon request
Changing Rooms: Provided, but will be shared (please do not leave personal belongings in changing rooms).
Footwear: All runners must have appropriate team uniform and proper running shoes.
Terrain: Relatively flat, grass, gravel pavement, trails, bridges, steps and mud.
Transportation: TASIS will provide transportation for those staying overnight, to/from hotel/running site/train station. Please complete the Team Registration form attached so that we can arrange the appropriate transportation for your team.

NOTE: Track suits/warm clothing, umbrellas, water bottles are highly recommended.

We look forward to hosting the your team(s)!

Kind regards,

Regards,

Sonny Lim



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Team Registration Form

School's Name:	
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# of Cat A/B Runners:	
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# of Cat C/D Runners:	
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Coach's Name:	
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Coach's Name:	
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Coach's #:	
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Coach's #:	
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Arrival Date:	
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Arrival Time:	
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Hotel Address <i>(if applicable):</i>	
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# of Sack Lunches (12sf each):	
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Transportation Requests:	
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Train Departure Info <i>(if applicable):</i>	
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**Please complete and return this form
before September 17th!**

Sonny Lim
Athletic Director

The American School in Switzerland - TASIS

Tel: +41 (0) 91 986 5400

Mobile #: +41 (0) 79 702 5274

Fax: +41 (0) 91 986 5420

Email: sonny.lim@tasis.ch

TASIS is accredited by the New England Association of School & Colleges and the European Council of International Schools

CH-6926 Montagnola-Lugano, Switzerland – Tel: +41 91 986 5400 – Fax +41 91 986 5420 –E-mail: sonny.lim@tasis.ch www.tasis.ch